

New Coronavirus - COVID-19 **GUIDELINE FOR FAMILIES**

1 If you, with or without your child, **have been** in areas where are reported cases of infections or if you **have been in direct contact** with people who are positive for nCov-19, **INFORM** your Primary Care Pediatrician and **STAY AT HOME** in voluntary isolation.

If you have doubts about the possibility your child has been infected, **DO NOT** bring him/her to your Primary Care Pediatrician's office. Contact him/her by telephone and **DO NOT** bring your child to the local ER but call the 1500 number

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3 Wash your **HANDS** frequently and **get your child to wash them too** by using **water and soap** for almost **20 seconds**. If the soap is not available, use **alcohol gel** (at least 60% of alcohol).

Apply the **RULES** as recommended for every kind of influenza and influenza-like infection: particularly, keep the **distance of almost 1 meter** from people who are coughing, sneezing or have fever.

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5 If your child is sick with fever, cough and cold **KEEP HIM/HER AT HOME** from school and other activities or places frequented until full recovery. **DO NOT USE MEDICINES** without specific information.

TEACH your child how to **cough and sneeze** by turning his/her head towards his/her shoulder or into his/her elbow.

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7 **KEEP** surfaces in your home **CLEAN** by using alcoholic solutions or chlorine-based liquid, with particular attention to toys, especially if shared with other children.

Wear the MASK only if you are sick, if you have influenza-like symptoms or cold ones, especially if there is a baby or very small children at home.

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9 **CAREFULLY REMOVE** used masks and tissues in a **closed container**

Do not hesitate to **ask your pediatrician for further information.**

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